



**“Knowing Me, Knowing You!”
Programme**



Name: _____

School: _____



Community Relations In Schools

Welcome to your 'Knowing Me, Knowing You!' Pupil Booklet!

This programme will:

- Help us to explore, talk and think about who we are
- Help us to learn about ourselves and others
- Help us to meet, play and learn with children from different backgrounds to ours
- Use games, activities and discussions to learn from each other
- Understand what conflict is and how we can manage it
- Build relationships with 'buddies' from your partner school



All About Me

My Full Name

My Date of Birth

Where I Live

My Self Portrait

My Favourite Hobbies

My Signature



Group Agreement

During this project, we will use this group agreement to help us:

- Learn as much as we can
- Feel safe
- Have fun and build relationships



Use the **symbols** below to discuss and create your Group Agreement



The Story of the Bird



"The Story goes that, a long long time ago, a great fire threatened the land and the people in the villages, the birds in the air and all the animals began to flee. However, Brother Owl noticed that one tiny bird remained picking up small drops of water from the river and dropping them on the flaming forest. "Are you crazy? You must fly away and save yourself," he said to the bird. The bird looked at Brother Owl and replied, "I am only doing the best I can with what I have."

Brother Owl was so impressed by the wisdom of the small bird that he gathered together all the birds and animals and people and they followed the bird to the river and each of them took water to help douse the flames. The land was saved because the birds in the air and the animals in the forest and the people of the villages joined together to do their best with what they had."

Some questions:

- *What can we learn from this story?*
- *What small things could we all do to make a big difference to our world?*

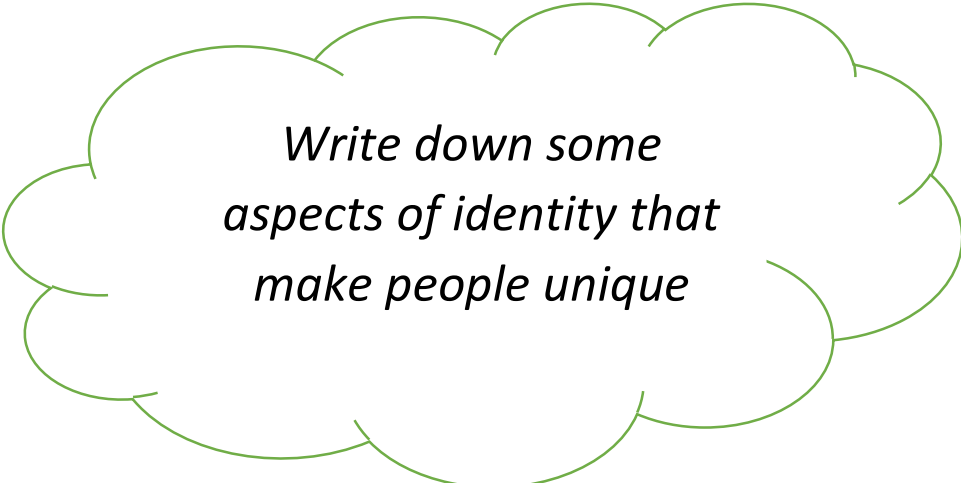


Identity

*What is **identity**?*

Identity is all the things that make you: YOU!

It's not just one thing, but many different things that are mixed together. Identity is all the things that make you **unique**.



*Write down some
aspects of identity that
make people unique*

Some questions:

- *Can your identity change?*
- *What aspects of our identity do we share with other people?*
- *Can identity cause conflict?*





My Identtit

We would like to know all about you!

Make your own identity collage on these pages.

Include lots of things that make you **unique!**

Remember that although you might share some aspects of you identity with other people, your collage will never be exactly the same as somebody else's!

- Its impossible!

y Collage



Community

There are many different types of communities. Therefore, it is sometimes hard to know exactly what '*community*' means.

Below are some of the definitions we found for '*community*' in the dictionary.

In the boxes, write **three** examples for each definition.

1) A group of people living in the same place

2) A group of people having a particular aspect of identity in common

3) A group of people who come together to share space for a certain amount of time

4) A group of people who may believe the same thing



Culture

Which countries were featured in the Culture Matching quiz?

What **types** of things were asked about during the Culture Matching quiz?

The above elements all contribute to the culture of a country or a group of people.

Some questions:

- *Can cultures change? How?*
- *How do different cultures move around the world?*
- *Can you change your culture?*



Culture Word Search

How many **aspects of culture** can you find in the word search below?

F	A	G	N	O	I	T	I	D	A	R	T	A	F
Y	G	L	S	F	E	I	L	E	B	U	I	I	F
V	I	S	R	V	Y	T	I	S	R	E	V	I	D
V	N	I	S	F	E	S	T	I	V	A	L	S	F
A	R	T	L	N	L	L	O	L	I	R	I	A	R
R	S	L	D	R	L	I	F	E	S	T	Y	L	E
L	P	Y	S	C	L	O	T	H	I	N	G	S	Y
A	O	R	L	E	Y	T	S	S	V	F	G	L	Y
N	R	O	O	L	L	S	S	E	F	O	O	D	I
G	T	T	B	E	I	S	N	U	G	G	T	D	S
U	O	S	M	L	M	T	G	L	L	Y	U	P	E
A	S	I	Y	L	A	R	B	A	S	E	I	I	G
G	C	H	S	L	F	M	Y	V	L	A	S	N	L
E	I	I	L	G	V	E	L	E	I	F	L	M	I

LANGUAGE
 FAMILY
 FESTIVALS
 CLOTHING
 DIVERSITY
 SPORT
 ART
 HISTORY
 TRADITION
 VALUES
 BELIEFS
 LIFESTYLE
 FOOD
 FLAGS
 SYMBOLS



Symbols

Defining what a 'symbol' is can be quite difficult - yet we use symbols every day.

Symbols are usually pictures or shapes which represent an idea or a value.

We use symbols to communicate ideas without words.

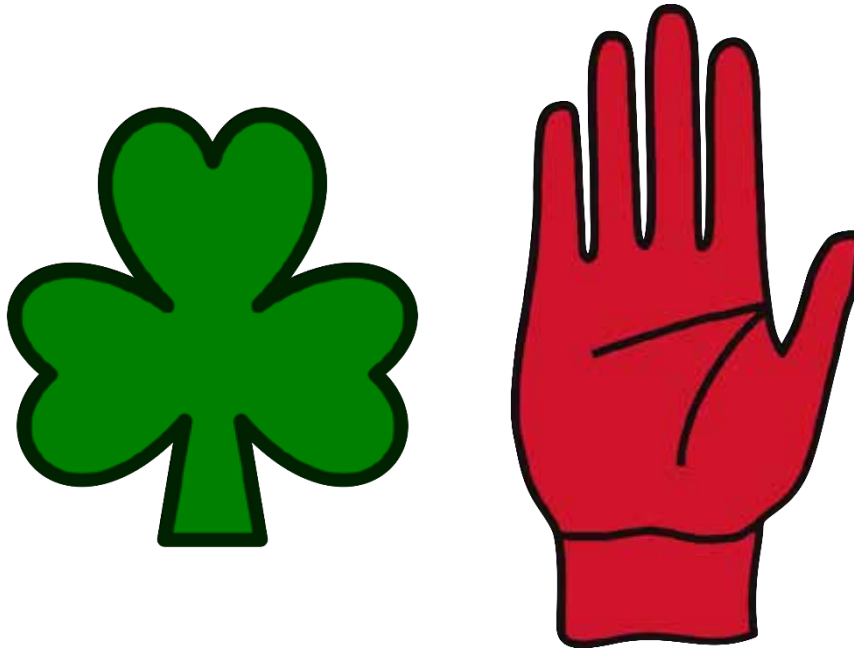
Without us, symbols would just be simple shapes and colours.

Which of these symbols do you recognise?

What do they represent?



We will look at two symbols which are found in many places around Northern Ireland or the North of Ireland.



Where have you seen the **Shamrock**? What do you think this symbol represents?

Where have you seen the **Red Hand of Ulster**? What do you think this symbol represents?

Flags

Flags are one of the most widely used types of symbol.

They represent a **country** or **national identity** and often tell a story about the values or history of a country.

Everything on a flag has a meaning. Research what the different parts of these flags mean, especially the colours and shapes.



Poland



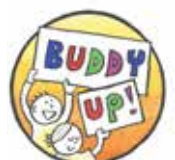
Brazil



Australia



United States of America



The Province of Ulster Flag



This flag represents the **Province of Ulster**, which has **nine counties**.

It is not known when this flag was first used.

Six of these counties are in Northern Ireland. They are:

F _____

A _____

L/D _____

D _____

A _____

T _____

Another **three counties** are in the Republic of Ireland. They are:

D _____

M _____

C _____



The Irish Tricolour



The Irish Tricolour was first used in the 1840's and was adopted as the official flag in 1922.

Its three-stripe design was influenced by the French Tricolour.

What does the green represent?	What does the white represent?	What does the orange represent?
_____	_____	_____

The Union Flag



The Union Flag represents the four nations of the United Kingdom: England, Scotland, Wales & Northern Ireland. It was designed in 1801.

The Union Flag is made up of only three parts:



_____ 's
CROSS for

_____ 's
CROSS for

_____ 's
SALTAIRE for



Conflict

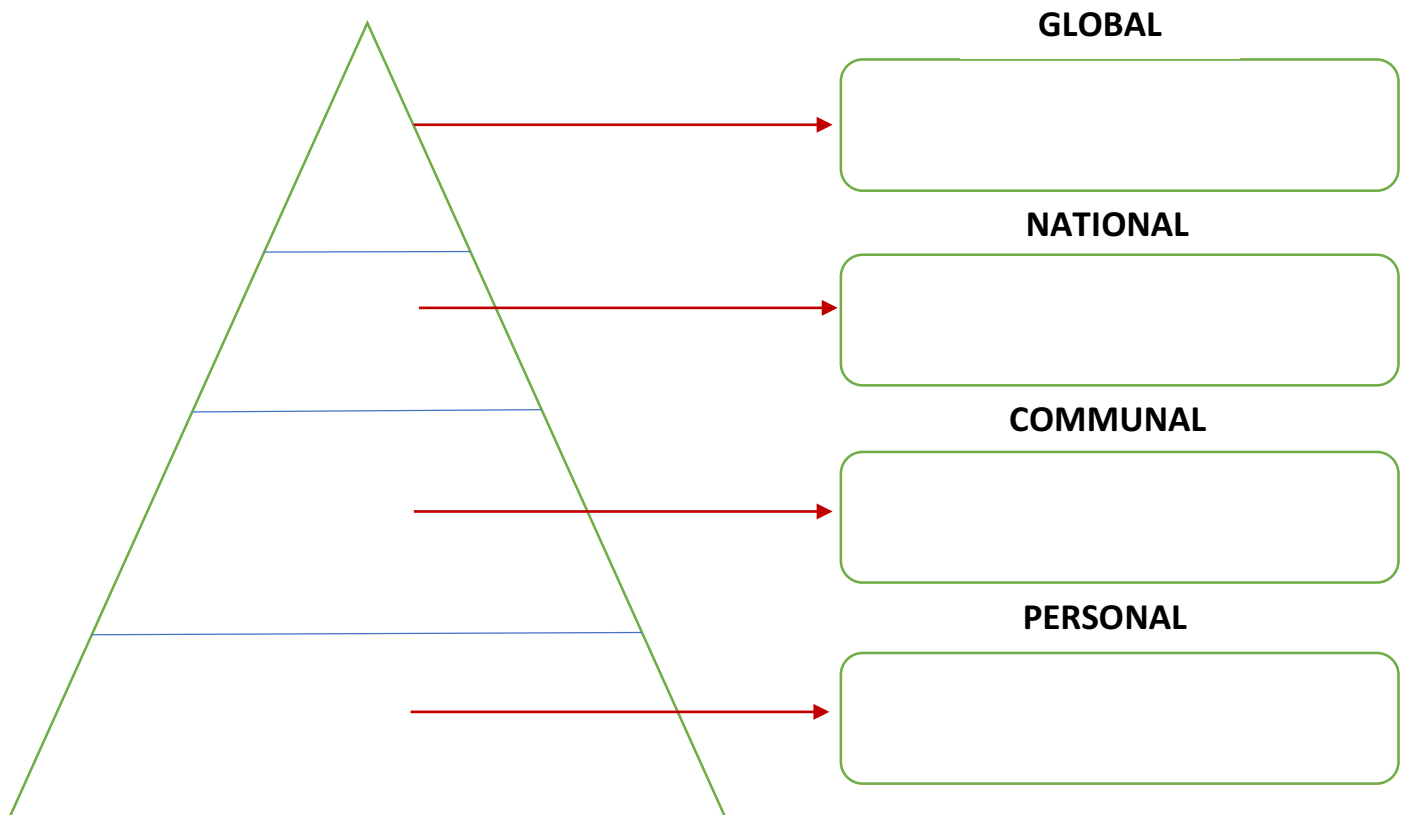
Conflict is a difference of opinion between two (or more) people or two (or more) groups of people.

Questions to think about:

- Can we go through life without being involved in conflict?
- Why is conflict sometimes seen as a negative thing?

There are different **levels of conflict**, from the personal to the global.

Write down two examples of a conflict at each level of the pyramid.



Conflict Styles

There are different ways of dealing with conflict.

Think about how each of these animals might respond to a disagreement then match each animal which one of the **conflict styles** below.

Draw a line between each animal and their **conflict style**

Avoiding

“Avoiders” withdraw into themselves to keep away from conflict

The OWL



Compromising

“Compromisers” give up part of what they want and the other person gives up part of what they want too—so that both people can “meet in the middle”

The TEDDY BEAR



Accommodating

“Accommodators” let the other person have their way because they care more about the other person’s feelings than they do about the conflict

The SHARK



Collaborating

“Collaborators” **work together** to find a new, different solution which suits everybody

The FOX



Forcing

“Forcers” push their opinion onto somebody else and make them give in

The TURTLE



My Conflict Styles

Think of a situation when it would be good to use each of these conflict styles, which are described on the previous page.

AVOIDING

FORCING

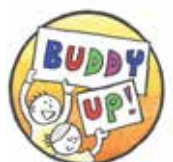
ACCOMMODATING

COMPROMISING

COLLABORATING

Think of a time when you have been involved in a conflict

What conflict style did you use? What happened?



All About My Buddy

Their Full Name

Their Date of Birth

Where They Live

What They Look Like













**Their Favourite
Hobbies**

Their Signature



Diversity Bingo

Find someone...

<p>Whose birthday is during the winter</p> 	<p>Who has family living far away</p> 	<p>Who speaks more than one language</p> 
<p>Who lives in the countryside</p> 	<p>Who loves TikTok</p> 	<p>Who loves playing Gaelic football</p> 
<p>Who can play the piano</p> 	<p>Who has travelled outside Europe</p> 	<p>Who loves playing hockey</p> 
<p>Who is NOT scared of spiders</p> 	<p>Who rides a bike</p> 	<p>Who has lived outside of Northern Ireland</p> 



All about me!

**Things
we have
in
*common***

My Name _____ My

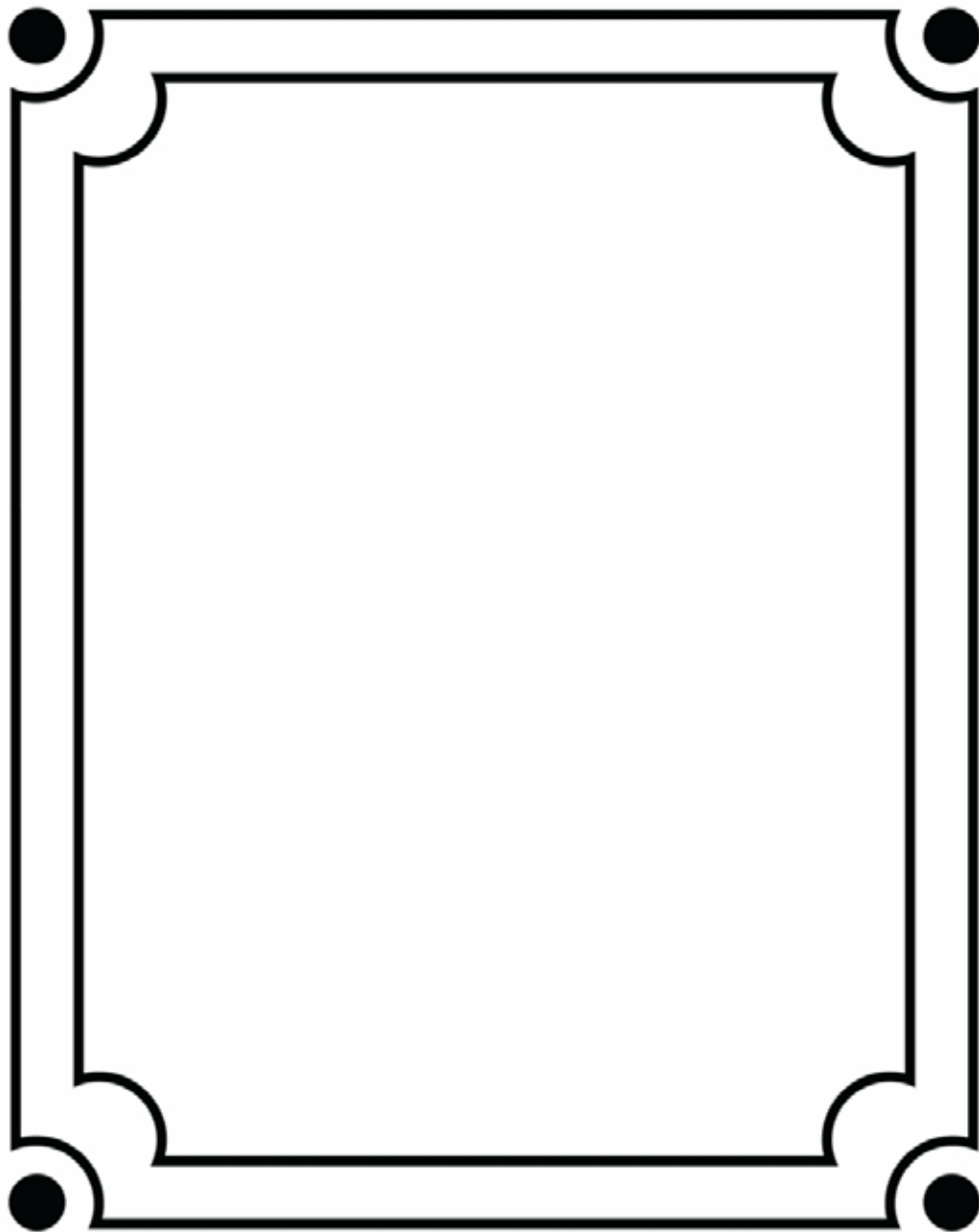


All about my buddy!

Buddy's Name _____

My Personal Symbol

Think back to your **Identity Collage**. Is there a symbol you could draw that is important to your identity?



My Learning Journal

Week One

Things I liked about today...	Things that would have made today better...	Things I learned today...

Circle the emojis that show how you felt this week:



Week Two

Things I liked about today...	Things that would have made today better...	Things I learned today...

Circle the emojis that show how you felt this week:



Week Three

Things I liked about today...	Things that would have made today better...	Things I learned today...

Circle the emojis that show how you felt this week:



Week Four

Things I liked about today...	Things that would have made today better...	Things I learned today...

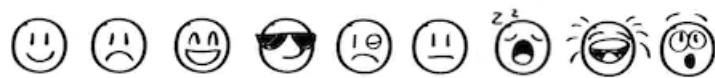
Circle the emojis that show how you felt this week:



Week Five

Things I liked about today...	Things that would have made today better...	Things I learned today...

Circle the emojis that show how you felt this week:



Week Six

Things I liked about today...	Things that would have made today better...	Things I learned today...

Circle the emojis that show how you felt this week:



Notes



Notes





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